

Positive innovative Women-with-Purpose Milton Education Toddlers Food Shelf Referral interactions M.A.S.K. Outreach Mission Youth Reach Discussion  
Parent/Child Communities Support VAL Learning-Together Agency relationship  
Garden Programs quality Strong Pre School Non-Profit Caring Parent-Child Assistance Service  
Accessibility Love Help Center Patch Infants Childhood Families  
Home-Visits Information PlayGroup

# 30 years

Annual Report

1985 - 2015

July 1, 2014 - June 30, 2015



# MFCC

# 30 years

1985 - 2015

## serving our community

**Our Goals:**

- to** strengthen families
- to** create easier access to services
- to** promote a sense of community belonging
- to** promote positive parent & child interactions

**Our Mission:** We build strong communities by empowering individuals and families through innovative, quality services.

# A Message from the Board President and Executive Director

Dear Friends of MFCC,

**As we reflect on 30 years of providing services to families in Milton and the surrounding area, there are some key facts that are important for us to tell you.**

**First, despite level funding year after year,** the Milton Family Community Center's operating budget has seen a steady increase in basic building maintenance, including utility increases, increased costs for better technology, increased costs for staff health insurance, and increased costs for building repairs. Unfortunately, the financial resources have not increased proportionally with these expenses, creating more and more pressure on the MFCC Board and staff to seek out alternative sources of income, such as fundraising.

**There are more people needing our services.** When MFCC was first established in 1985, 72% of the program participants were low income, working poor, teenage parents, blended families, single parents, or limited skills parents. This percentage has not changed, but the total number served has steadily increased with the population increase. Between 1993 and 2015, MFCC increased the total number of families served from 175 to over 900. It is a myth that MFCC only serves families living in the town of Milton. In fact, MFCC provides intensive case management and parenting support services to young families living throughout Northern Chittenden County. However, even when just looking at the town of Milton itself, Milton is now ranked as the 8th largest community in Vermont. Between 1970 and 2010, Milton's population grew by 65%. (mooseroots.com). Today, Milton has a population of 10,352. The median household income is \$49,379. 41.6% of the 3,333 households in Milton have children under the age of 18 years. (2010 Census)

**Many people ask, why do we keep doing what we do?** The answer is simple. We have come too far to stop now! Over the past several years we have looked closely at the work that we do, and have started to gather data on how our programs impact families and communities. MFCC is one of 15 Parent Child Centers in the State of Vermont, together known as the Vermont Parent Child Center Network. In July 2012, Flint Springs Associates conducted a thorough assessment of the impact of our Learning Together programs for young parents. The findings of this assessment demonstrate that our programs decrease unplanned repeat pregnancies, increase academic achievement for young parents looking to complete their high school education, increase work readiness skills in communication and general work habits, and significantly increase participant knowledge and practice of positive parenting.

**30 Years of service** is something that staff, volunteers, and Board members at MFCC are very proud of. Established as a promise to the children of our community for a better, healthier community in which to grow and learn, we are committed to

continuing that promise. Thank you for taking the time to learn more about the Milton Family Community Center. We hope you will join us in making sure that the education and support programs at MFCC will continue to be available for future generations.

Sincerely,  
Laura Butler & Vikki Patterson



## Milton Family Community Center Board of Directors



Name	Title	Committee
Laura Butler	President	Executive Committee Program Committee
Deb Jorschick	Past President	Executive Committee Development Committee
Lisa Harris	Vice President	Executive Committee HR Committee Chair
Audrey Osman	Secretary	Executive Committee Program Committee
Anna Cadmus	Treasurer	Executive Committee Finance Committee Chair
Jeanne O'Bryan	Member	Finance Committee
Simone Arms	Member	Development Committee Chair
Wes McClellan	Member	Infrastructure Committee
Lynne Manley	Member	Program Committee
Jason Heath	Parent Rep.	Infrastructure Committee Chair
Vikki Patterson	Executive Director	All
Vacant Position		

# Statistical Data

## Number of individuals served from July 1, 2014 – June 30, 2015

Type of Service	# of Children Under Age 3	# of Children Age 3-5	# of School Age Children Age 6-11	# of Youths Age 12-21	# of Pregnant Teens Age 12-21	# of Parenting Teens Age 12-21	# of Adults Over Age 21	# of Individuals No Age Information given	Total # Individuals Served	Total # Families Served
Family Support Home Visits	6	10	4	0	0	0	32	-	55	30
Women With Purpose & Learning Together education, training, and support programs.	12	3	2	5	1	5	7	0	29	11
Play Group/ Welcome Baby	10	19	14	4	8	7	41	14	102	33
Information & Referral	-	-	-	-	-	-	-	-	1430	595
Reach Up Case Management	75	61	46	41	84	128	130	21	374	124
Emergency Food Shelf	50	49	80	97	22	6	424	64	764	316
Family Support, Holiday Assistance, Emergency Assistance	122	33	67	80	3	4	154	0	465	164
Early Care & Education Children's Programs: Infant, Toddler, Preschool and MASK	14	16	54	5	1	3	44	3	131	54
Parent Education Workshops	12	8	13	4	0	0	47	-	84	57
<b>Totals</b>	<b>302</b>	<b>199</b>	<b>280</b>	<b>236</b>	<b>122</b>	<b>153</b>	<b>847</b>	<b>134</b>	<b>3457</b>	<b>1410</b>
<b>Unduplicated # of Families Served FY 14/15</b>									<b>944</b>	

# M FCC

## Financial Data\*

### Fiscal Year Ending June 30, 2015

<b>ASSETS</b>	
<b>Current Assets</b>	
Checking/Savings	258,770
Accounts Receivable	35,839
Other Current Assets	30,030
<b>Total Current Assets</b>	<b>324,639</b>
<b>Fixed Assets</b>	<b>391,191</b>
<b>TOTAL ASSETS</b>	<b>715,831</b>
<b>LIABILITIES &amp; EQUITY</b>	
<b>Liabilities</b>	
<b>Current Liabilities</b>	
Accounts Payable	5,233
Other Current Liabilities	53,090
<b>Total Current Liabilities</b>	<b>58,323</b>
<b>Long Term Liabilities</b>	<b>7,933</b>
<b>Total Liabilities</b>	<b>66,256</b>
<b>Equity</b>	<b>649,575</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>715,831</b>
<b>Ordinary Income/Expense</b>	
<b>INCOME</b>	
<b>Contributed support</b>	
Federal & State Grants	223,762
Indiv/Corporate/Foundation	39,219
Other Income	41,644
<b>Total Contributed support</b>	<b>304,625</b>
<b>Earned revenues</b>	<b>518,028</b>
<b>Special events</b>	<b>19,383</b>
<b>Total Income</b>	<b>842,036</b>
<b>GROSS PROFIT</b>	<b>842,036</b>
<b>EXPENSE</b>	
Business expenses	12,934
Grant & contract expense	12,540
Non-personnel expenses	19,746
Occupancy expenses	28,568
Other personnel expenses	17,899
Payroll and Related Expenses	732,827
Program expenses	68,164
<b>Total Expense</b>	<b>892,678</b>
<b>NET INCOME</b>	<b>-50,643</b>

\*unaudited statements

# Our Staff



**MFCC**  
employs a  
professional staff  
of faithful,  
dedicated,  
employees.

**Together we can make a difference.**

**Alwine, Cheryl** - Administrative Assistant,  
Food Shelf Manager

**Bacon, Katy** - Office & Outreach Manager

**Badger, Katharina** - Infant Toddler  
Coordinator

**Bedard, Janet** - CVS Office Asst.

**Bult, Brianna** - MASK Staff

**Brooks, Sara** - Preschool Teacher

**Dupont, Marie & Dick** - Custodians

**Dusablon, Karly** - Classroom Sub

**Garrow, Stephanie** - Preschool Assistant  
Teacher

**Gary, M. Beth** - Reach Up Case Manager

**Hayes, Jennifer** - Child Care Director

**Hess, Jeff** - TwoGether Coordinator

**Hill, Judy** - Food Service Program / Bus Rider

**Hill, Lindsay** - Infant Teacher

**Howard, Erica** - Family Support / Parent  
Educator/ Playgroup Coordinator

**Hughes, Kelly** - Learning Together  
Coordinator

**Jones, Erica** - MASK Staff

**Lamb, Brian** - MASK Lead Teacher

**Lumbra, Kaitlin** - Preschool Teacher

**Moen, Jessica** - Infant Teacher

**Mongeon, Shelby** - MASK Teacher

**Nolin, Martha** - Toddler Teacher

**Olsen, Laura** - Reach Up Case Manager

**Parot, Charlotte** - Family Services  
Coordinator

**Patterson, Vikki** - Executive Director

**Pinard, Ron** - Bus Driver

**Pinette, Melanie** - Reach Up Case Manager

**Richards, Janet** - Finance Manager

**Smyth, Leah** - Summer MASK Staff

**Stilianessis, William** - Summer MASK Staff

**Thibdeau, Lauren** - Bus Driver, Classroom Sub

**Tourangeau, Brenda** - MASK staff

**Turmel, Lauren** - MASK/Preschool Teacher

**Wilson, Brianna** - Preschool Lead Teacher

**Wilson Colette** - MASK Coordinator

#### Substitute Staff:

**Anders, Meaganne** - Early Childhood / Front  
Office Sub

**Clark, Ashley** - Front Office Sub

**Couture, Jessica** - Early Childhood Sub

**Halnon, Michaela** - Early Childhood Sub

**Hayden, Morgan** - Early Childhood Sub

**Nolin, Bailey** - Early Childhood Sub

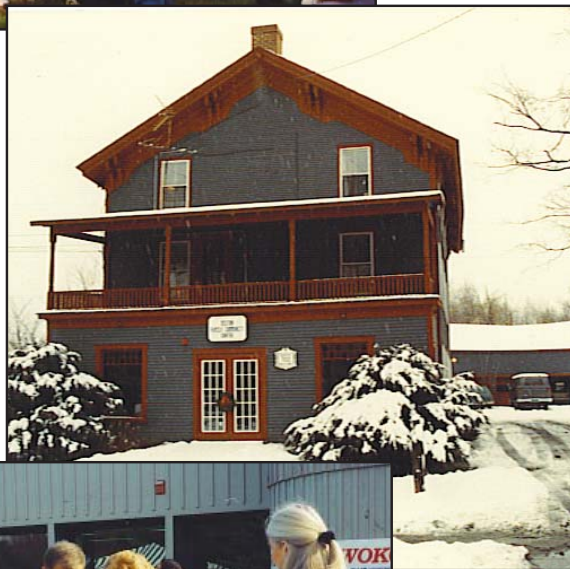
**Trainque, Issac** - Early Childhood Sub

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# Our History



30 years



The Milton Family Community Center (MFCC), serving Milton and northern Chittenden County, was founded in **1985**. Initial funding was provided by a grant from the U.S. Department of Health and Human Services to the Champlain Valley Head Start program. Soon after, MFCC was spun off from Head Start and became an independent parent/child center governed by a Board of Directors consisting of community leaders, parents and collaborating agency representatives, with Lisa Horel appointed as the first Executive Director.

In **1987**, the Center moved into the historic building known as Austin's Hall, located on Main Street in Milton. Austin Hall at the time was over 120 years old and had been the hub of Milton's social and cultural life throughout much of its history, first as a hotel with a ballroom, and later as an Odd Fellows Hall, movie theatre, and law office. The building, which seemed spacious at the time we moved in, had a large area for children on the ground level, and one floor for use by agencies and other organizations. Initially the Center provided Milton with parent/child playgroups, a preschool known as TYKES, parent education and support, and home visiting services.

By **1997**, MFCC continued to increase both its funding and programming. New Directions Teen Services and M.A.S.K. (Milton After School Kids) for school aged children, were two programs added to the Center's repertoire of services. At this time, MFCC also instituted a support group called Grandparents As Parents for grandparents raising grandchildren or kin. In **1999**, we applied for and received status and funding as a United Way member agency in Chittenden County. With the Center's continued growth it became evident that the space on Main Street was becoming inadequate for meeting the needs of its growing and varied programs.

After a successful capital campaign in July **2000**, MFCC purchased and moved to its now current location at 23 Villemaire Lane. Governor Howard Dean was on site for the ribbon cutting ceremony. This new location, allowed us to expand once again to address a growing need within the community for increased childcare and preschool. We were able to es-

tablish an Infant/Toddler Childcare Program, as well as a new Community Preschool. The new space also provided room enough for a food shelf, parent education workshops, playgroups, case management, and clothing donations.

## Services & Programs

### School Age Programs:

High quality school age program for children ages 5 years to 12 years, with year round programming for before school, after school, and school vacations. Curriculum is a balance of fun and learning, interactive, and complimentary to the students learning plans at the Milton Elementary School.

### Reach Up Case Management:

Trained professionals at MFCC provide comprehensive case management services to young parents under the age of 24 enrolled in Vermont's Reach Up financial assistance and employment readiness program. MFCC's Reach Up Case managers help young parents take charge of their lives, discover their talents, complete their education, and get the training they need to get a sustainable job to support their families.

### Food Shelf:

Community supported foodshelf for families and individuals in need, primarily serving those who live in the town of Milton.

### On-site Family Support:

All families have access to a welcoming environment at MFCC, with responsive staff to provide immediate support in connecting with community resources for family needs and emergency assistance.

### Early Childhood Programs:

5 STAR early education and care for children ages 6 weeks to 5 years. High quality accredited program with the National Association for the Education of Young Children (NAEYC). Led by a team of Early Childhood Professionals, the teachers and assistant teachers are highly trained in providing care and education for the optimal early childhood experience.

### Play Groups:

Weekly open group time for families and providers with young children to come together for socialization, peer support, child development information, and community resource sharing in a developmentally stimulating setting. Wednesday and Thursday mornings at the Community Room at the Milton Town Office Building, and Saturday mornings in the MFCC Preschool classroom.

### Parent Education & Support Groups:

36 parents and 104 children participated in Parent Education Programs this year: 43 Welcome Baby packets were delivered to new parents; 48 Play Group sessions were provided in the Milton community; 12 weekly sessions of Together in Vermont; 2 seventeen-week series of Nurturing Parent; weekly Women With Purpose, Learning Together and Circle of Parent parenting education and support groups were provided. Impact: When parents participate in parent education and support groups, they are able to engage in MORE opportunities for their children to learn and develop, MORE opportunities to learn positive parenting practices, and MORE opportunities to consult with a trained early childhood development specialist regarding questions specific to their children's development.

### Community Resource Information & Referral:

MFCC serves as a "hub" of information for Northern Chittenden County regarding child and family issues as well as for general information about statewide resources. Quick follow up is provided either in person or on the phone to assist families in connecting with the information or resource that they need.

### Partners: On-Site

Vermont Adult Learning, Howard Services

### Home Visiting:

In-home parenting support and education for families with young children. Focus areas include: child development, positive parenting practices, healthy families, access to resources, and getting involved with the local community.

# 30 years of serving our community

1985



2015

Thank you to all our partner agencies, donors and volunteers. Without you, the services and support MFC has provided this past year to so many folks in our community, would not have been possible.

[www.miltonfamilycenter.org](http://www.miltonfamilycenter.org) and on facebook & twitter

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